

# “Wash Your Hands (Lavate Las Manos)”

As performed by Bill Harley  
LONG VERSION (3:45)



Verse #1: When you're sitting in class, there's a tickle in your nose,  
Then you let out a sneeze, yeah, it finally explodes.  
You look down at your hand, it's all covered with that goo,  
Don't wipe it anywhere, you know what to do!

**Chorus: You've got to wash your hands (lavate las manos),  
Wash your hands (lavate las manos),  
Wash your hands (lavate las manos),  
Wash your hands (lavate).**

Verse #2: Everyone's got germs but you keep them to yourself,  
You keep the colds and the flu up there on the shelf,  
If you want to stay healthy, there's a little trick,  
Do it everyday and you don't get sick!      **Chorus**

Verse #3: When your stomach is growling and it's time to eat,  
Your body is hungry from your head down to your feet,  
Don't eat just yet, you've got to stop, you've got to think,  
Before you eat your food, put your hands in the sink!      **Chorus**

Verse #4: Those sneaky little germs don't want you to wash,  
They want everything dirty, oh yeah, my gosh,  
They love it when your hands are grimy and sticky,  
They grow and multiply, they're icky icky icky!

Verse #5: Put your hand in your mouth and then on the door,  
Someone grabs the doorknob and they walks across the floor,  
Their hand gives a pencil to someone who's their friend,  
The pencil in the mouth, you know the circle never ends, unless...      **Chorus**

Bridge:       And now – washing hands by the number  
                  1. – Use soap and water  
                  2. – You make it bubble up  
                  3. – You rub them while you sing the alphabet  
                  4. – Rinse them off  
                  5. – Dry them too  
                  The germs go down the drain and everything's cool!

Verse #6:     It's just a simple thing it's hard to believe,  
                  But if everybody did it how wonderful it'd be,  
                  We could stop the flu from spreading 'cross the land,  
                  If everybody everywhere would wash their hands!

Chorus:       **You've got to wash your hands (lavate las manos),  
                  Wash your hands (lavate las manos),  
                  Wash your hands (lavate las manos),  
                  Wash your hands (lavate).**